

INDEPENDENT LIVING (IL) VS ASSISTED LIVING (AL)

How are they different?

IL

AL



What is IL?

Independent living is designed for seniors who are still active and require little to no support with the activities of daily living.

What is AL?

Assisted living offers caregiver support and assistance with the daily tasks - like dressing, showering and managing medication.



What are the major differences?

In Independent Living, enjoy life on your terms! No need to worry about maintenance, household chores, and be surrounded with activities & amenities.

What are the major differences?

Assisted living enjoy all the amenities of a senior living community, but they get a little extra help to seize the day.

Medical & Social Needs

Independent Living residents may not need medical assistance daily, but they crave living in a social setting with other retirees.

Medical & Social Needs

AL may be the right fit for those who need basic medical services, help with daily routines, and want to be in an active community with others.



Who is it for?

Ideal for active seniors who thrive independently but want to live in a senior living community for the amenities. Plus, they want to age in place.



Who is it for?

Ideal for seniors who need some assistance with specific daily tasks, but still thrive in an active and social lifestyle.



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