



*Assisted Living, Closer Care & Memory Care*

## Beaverdale Buzz

It's hard to believe it's December already. The leaves have fallen and snow is on the way. Social gatherings and family reunions, a calendar full of activities that can be invigorating and exhausting. For our resident's here at Edencrest this season is filled with memories of past holiday experiences and traditions. For our resident's the "hustle and bustle" of the holiday season has slowed and reminiscence has become a prominent activity to reflect on a lifetime of giving, receiving and celebrating with family. Some resident's may find this season to be challenging due to changes in their abilities and relationships to loved ones. In our community, we will be creating engaging opportunities to embrace the warmth of this season for all our residents. If you are looking for ways to adapt holiday traditions to meet your loved one's needs, here are some ideas.

*\* Bring in photos from past holidays to share. \* Adapt a Christmas craft to complete together.*

*\* Bring in gifts to wrap with your loved one. \* Bring in a holiday treat to enjoy.*

*\* Reminiscence about your loved one's childhood holiday memories. \* Sing Christmas carols.*

Thank-You to everyone who has allowed Edencrest to care for your loved one! Edencrest is a second family to most of us and we enjoy being able to celebrate the holiday with you! From all of us at Edencrest, we wish you a wonderful holiday season. It's our sincere hope that these days will be filled with special moments for you and your loved ones. Julie Smith Life Enrichment Coordinator



Did you know that a \$200 deposit will secure an apartment of your choice today? **A Call Sam or Nathan today at 515-777-5105.**

**SCHEDULE A TOUR Today!**



# Edencrest™

AT BEAVERDALE

3410 Beaver Ave | Des Moines, IA 50310 | 515-777-5105 | EdencrestLiving.com

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### DECEMBER HIGHLIGHTS

Holiday Open House at Terrace Hill

Roosevelt High School Choir

Holly Jolly Lights

Christmas Tea w/ Flute Player

Arrow Academy Music Musicians

Girl Scout Caroling

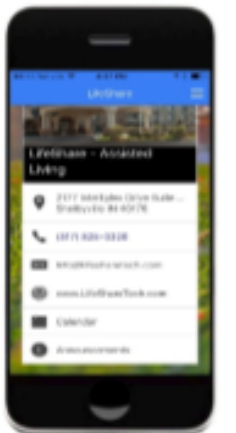
Glen Echo Church Carolers

West Minister Presbyterian Church Carolers

**Family Holiday Party Music by Noted "4" Quartet**

**Current Residents and Families:**

*Download the Life Share App on your phone or IPAD. This will give you the full activities schedule and menus and much more. Pin: **RedCarpet***



**We host a minimum of 6 scheduled activities a day in our community. Families and friends are always welcome. Please come and join us.**

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Donna has been a farm girl all her life. Mainly a “Tom Boy” of the family. Has never had time to get pampered. Especially raising 4 kids on a farm. She would drive the tractor and work the farm. No time for hobbies or time think about herself.

Julie the Life Enrichment Coordinator was talking with the ladies over tea and crumpets regarding pedicures. She learned that Donna has never had a pedicure and had expressed interest in trying it out. With here husbands help we were able to pick a date and place. We took her to get her feet done. She was all smiles. Even getting off the bus. Her husband was waiting for her when she got back. She was all a glow and smiling. She was sharing with everyone how she had never been treated so nice before.



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## MEET OUR MANAGEMENT TEAM



**Sam Patterson**  
Manager



**Karen Beck**  
Healthcare Coordinator



**Nathan Deutmeyer**  
Community Relations  
Coordinator



**Nichole Mitchell**  
Culinary Coordinator



**Julie Smith -**  
Life Enrichment Coordinator



**Larry Cox**  
Maintenance  
Coordinator

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