



Edencrest™

AT BEAVERDALE

3410 Beaver Ave | Des Moines, IA 50310 | 515-777-5105 | EdencrestLiving.com

Assisted Living, Closer Care & Memory Care

Beaverdale Bulletin

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Misconceptions on Assisted Living

Retirement or Assisted Living is one of the most popular senior housing options and is actually the best way to enjoy retirement. However, because of some misconceptions about it, people are reluctant to make the decision to move.

Will I lose my independence?

Retirement communities will go to great lengths to help foster the independence of their residents. As long as it safe, residents in assisted living communities can be very bit as independent as they were before. You actually gain more independence as it provide assistance in your housekeeping, laundry and maintenance work. More importantly, you have access to healthcare professionals whenever you need them.

Assisted Living is Expensive

Prices can vary from each community. It is important to do you research and ask important questions on different services each community provides. If you're a Veteran, then some benefits may be used to cover the cost. If you have a long term care insurance, you will be able to pay part or all of your loved one's care with the compensation under your policy.

Concerned About Losing Contact with Family & Friends

Some seniors are concerned that they will lose communication or not be able to spend as much time with their friends and family members once they move into an Assisted Living community. Family & friends are always welcome. In fact, they encourage families & friends to visit and join us in social activities.



UPCOMING Events

Live2B Healthy every M,W,F at 10:45am

Catholic Communion every Tuesday at 10am

Music Speaks is scheduled every week.

Bingo is every M,W,F at 1:00pm

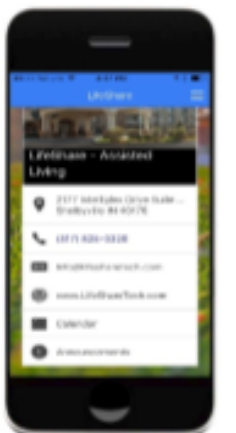
Bible Study is scheduled every Thursday at 3:30pm

Happy Hour is every Friday at 4:00pm

Game night every Tuesday at 6:00pm

Current Residents and Families:

Download the Life Share App on your phone or IPAD. This will give you the full activities schedule and menus and much more.



We host a minimum of 6 scheduled activities a day in our community. Families and friends are always welcome. Please come and join us. Look at the event calendar for more information and details.

Did you know that a \$200 deposit will secure an apartment of your choice today? A Call Sam or Nathan today at 515-777-5105.

SCHEDULE A TOUR Today!

DARE TO Dream



Lisa is one of our youngest residents here at Edencrest at Beaverdale. Lisa is a thrill seeker. Loves roller coasters and boating and jet skiing. She had not been able to get out and do anything “fun” in a long time. Lisa stated that last time she was jet skiing she was down in the Gulf of Mexico several years earlier and wished she was able to ride again. The manager was able

to pull everything together within a week. Borrowing his dad’s jet ski and staff available to assist. We borrowed the nurse from Courtyard Estates and the CRC from Beaverdale and went to Saylorville Lake on a hot Friday afternoon. The water was very high because of the rains but that didn’t scare us away. This was right before Saylorville Lake was closed because of the flooding. She was screaming all the way but having a blast.



Meet our Management Team



Sam Patterson
Manager



Karen Beck
Healthcare Coordinator



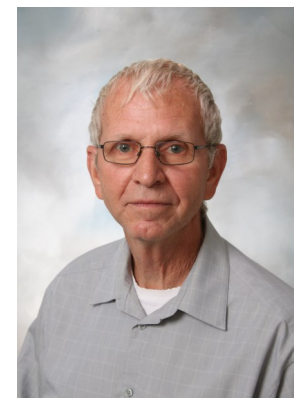
Nathan Deutmeyer
Community Relations



Nichole Mitchell
Culinary Coordinator



Sara Belbachir
Life Enrichment
Coordinator



Larry Cox
Maintenance

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