



*Assisted Living, Closer Care & Memory Care*

## *Beaverdale Bulletin*

### **Dining experience in Senior Living**

Imagine going moving into a community and they tell you what you can do and eat. There are several items that people are looking for when they are moving into an Assisted Living community. The traditional dining experience is changing. It's a tremendous budget item and is one of the highest on the list of priorities for prospective residents. Mullaney said "the experience has become elevated in recent months and years, to the point where many dining operations mirror their local restaurant counterparts" (2018, para 2). At Edencrest at Beaverdale the residents are in charge. Everyday we offer a special for lunch and supper from the wants of the residents. As everyone has different taste buds. We offer another option. Residents can order off our "anytime menu". These items are what the residents want. It's cook to order. Breakfast anytime of the day.

At Edencrest at Beaverdale we change with the residents. As they change and their choices change, we change. Most ask when is our eating times? We serve our residents from 7am to 7pm. As everyone has different schedules. We honor our residents by allowing autonomy.

Mullaney, T. (2018) Top Senior Housing Trends in 2018. Retrieved from <https://seniorhousingnews.com/2018/01/08/top-senior-housing-trends-2018/>



Did you know that a \$200 deposit will secure an apartment of your choice today? **A Call Sam or Nathan today at 515-777-5105.**

**SCHEDULE A TOUR Today!**



# Edencrest™

AT BEAVERDALE

3410 Beaver Ave | Des Moines, IA 50310 | 515-777-5105 | [EdencrestLiving.com](http://EdencrestLiving.com)

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### **UPCOMING Events**

**Live2B Healthy every M,W,F at 10:45am**

**Catholic Communion every Tuesday at 10am**

**Music Speaks is scheduled every week.**

**Bingo is every M,W,F at 1:00pm**

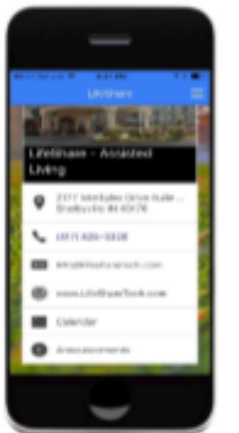
**Bible Study is scheduled every Thursday at 3:30pm**

**Happy Hour is every Friday at 4:00pm**

**Game night every Tuesday at 6:00pm**

### **Current Residents and Families:**

Download the Life Share App on your phone or IPAD. This will give you the full activities schedule and menus and much more.



**We host a minimum of 6 scheduled activities a day in our community. Families and friends are always welcome. Please come and join us. Look at the event calendar for more information and details.**



What a beautiful day for a ball game! Mary Baas loves baseball. Her sons played it, and she enjoyed watching every moment of it. Her whole family loves getting together to watch a good game. She let the staff at Edencrest at Beaverdale know that she was interested in watching an Iowa Cubs baseball game live. She had not seen a live game a long time. So not only did our Community Relations Coordinator help it happen, she also arranged for her to call out the first pitch! Mary enjoyed a beautiful day with her friends and family at the ball park.



# Meet our Management Team



Sam Patterson  
Manager



Karen Beck  
Healthcare Coordinator



Nathan Deutmeyer  
Community Relations  
Coordinator



Nichole Mitchell  
Culinary Coordinator



Sara Belbachir  
Life Enrichment  
Coordinator



Larry Cox  
Maintenance  
Coordinator

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