



Edencrest™

AT RIVERWOODS

March 2018 Newsletter

**Happy Hour every Thursday
starting at 3:30pm!! Bring your
friends and family!**

March 8 Happy Hour with
Joe Shoemaker

March 15 St. Patrick Day Party
At 3:30 During Happy Hour with
Mike Lozano

March 22 Happy Hour with
Joe Klinefelter

March 29 Happy Hour with
Adventures in Drumming and
Drama

Community Coordinators

Riverwoodsmanager@edencrestliving.com

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Lene More Community Relations Coordinator

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Eddie De hoya, Culinary Coordinator

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Irish Cheddar and Herb Soda Bread

2 cups all purpose flour
1 1/2 tsp baking soda
1/4 tsp salt
1 tbsp sugar
1 tbsp Herbs de Provence
1 cup shredded Irish cheddar, divided
1 cup buttermilk

Preheat oven to 400F. Line a baking sheet with parchment paper.

In a large bowl, whisk together flour, baking soda, salt and sugar. Stir in half of the buttermilk, the herbs and 3/4 cup of shredded cheddar. Pour in remaining buttermilk, and stir until dough comes together into shaggy ball.

Place dough on a lightly floured surface and knead for about 1 minute, just until the dough comes together and you can shape it into a fairly smooth ball. Press into a disc about 1 1/2 inches high and place on prepared baking sheet. Sprinkle with remaining 1/4 cup cheese. Cut a deep cross in the top with a sharp knife.

Bake 30-35 minutes, until the top is a dark golden brown. A toothpick will come out clean when inserted into the center.

Allow to cool on a wire rack before slicing.

Valentines Day party pictures



Residents Gilbert Sleeth and Doris Bright are enjoying the dance



Ray and Edna Rinard enjoyed dancing with Marlions Daughter

Viola Studer enjoyed listening to the music





Marion's Daughter-in-law Judy enjoying a dance with her grandson Drew



Walter Mills and wife Cheryl enjoying a dance together

Jo Rhoads and Debra the Daughter of Marion Ballinger enjoying a dance





LEC: Starla dancing with Jenny Conway



Residents Patty and Gilbert enjoying the music by Rick Lugwig



All the residents enjoying the music and dancing

*Marion Ballinger
Enjoyed watching her
family dance*



*Linda Irons dancing with Marion's
family member to the music
Of Rick Lugwig*



*I suprized Audry Scar then I took her picture at the Valentine
dance*



*Judy a very fun Lady here at Eden-
Fun dance that night also*



crest had

Life Story A Social History

“When more recent memory fails, older adults retrieve earlier memories” The personal histories of individuals with dementia are valuable resources in providing quality care. The goals of the Life Story/ Social History include:

- Emotional support and security
 - Refocusing mood and difficult behaviors
 - Promotion of holistic well-being
 - Opportunities for pride
 - Bridge to the past while connecting to the present
 - A frame of reference for daily living
 - Life affirmation Guidelines for Staff
1. Find the components of the resident’s past that are still present, abilities that can be brought out into the current day’s caregiving approaches and programs.
 2. “Look” at the resident through his or her life story and find a deepening of acceptance for today’s challenges or difficulties.
 3. Use the Life Story Book to distract the resident when there are difficult behaviors that need refocusing or moods that might respond to positive input, calling forth the resident by offering him or her validation as a person of worth.
 4. Use the life story as a basis for assessment when determining approaches and care interventions.
 5. Enable the resident to have easy access to his or her Life Story Book instead of putting it away in a closet or bureau drawer.
 6. Be sensitive to the resident’s experience looking at his or her Life Story Book and be watchful for any negative or hurtful responses.
 7. Always empower the resident to “own his or her life’s story” by asking permission to see the book. Life Story Book In Alzheimer’s Care, we cannot be only acquaintances; to bring out the best in people with Alzheimer’s disease, we need to know them as well as we know our best friends.
- The Best Friends Approach to Alzheimer’s Care





Ruth Brown
Donald Johnson

Charlotte Powell 3/8
Vivian Rinaberger 3/20
Lucia Lnania 3/21



We're rolling out the Red Carpet for you!!!



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