



Assisted Living, Closer Care & Memory Care

Beaverdale Bulletin

Will I lose my autonomy in an assisted living community? Most people will not come out and ask this question. But it's a question on everyone's mind as they are looking for an assisted living community.

As outlined by the Assisted Living Federation of America, senior care in assisted living centers should encompass accessibility, independence, quality of life, dignity and personal choices. The National Center of Assisted Living created quidding principles for assisted living facilities including the importance of personal care. At Edencrest at Beaverdale we strive to meet the social, emotional, cultural, intellectual and spiritual well being of residents.

All residents that live in our community has autonomy to do what they want and when they want. Our social activities are geared around the interests of our residents. The food is selected off of the preferences of our residents. They had the right to come and go as many times as they want. We are there to assist them in what they don't want to do anymore. Example (cooking, laundry, housekeeping, medication management and much, much more.) To find out more of what we do call us or stop on by for a tour.



Did you know that a \$200 deposit will secure an apartment of your choice today? **A Call Sam or Nathan today at 515-777-5105.**

SCHEDULE A TOUR Today!



Edencrest™

AT BEAVERDALE

3410 Beaver Ave | Des Moines, IA 50310 | 515-777-5105 | EdencrestLiving.com

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UPCOMING Events

Live2B Healthy every M,W,F at 10:45am

April 1st - Easter Worship 3pm

April 5th - Outsmart the Scammers Seminar 1pm

April 10th - Balancing Screening 10am

April 12th - Papa John's Sculpture Park Outing 10am

April 12th - Jim Boardman Story Teller 3pm

April 14th - Plastic Canvas Class 1pm

April 19th - Music with Virginia & Leroy Kuhlers 3pm

April 21st - Piano with Patty 1pm

April 28th - Knitting & Crocheting Club 130pm

We host a minimum of 6 scheduled activities a day in our community. Families and friends are always welcome. Please come and join us.

Look at the event calendar for more information and details.

2018 Tax Deductions

By: Sam Patterson

Did you know if the main reason for living in an assisted living community is for medical care, then that cost is a deductible medical expense?

Section 213 of the Internal Revenue Code allows deductions for medical care for an individual, spouse or dependent if the expenses exceed 7.5% of the taxpayer's adjusted gross income. The monthly fee of an assisted living is a medical expense. It further states that if a resident is living in an assisted living community because of a medical condition which requires them to be there, and meals and lodging are furnished, then the cost is considered a medical care expense. Please consult your tax advisor on this rule if you feel this would apply to your situation.

Meet our Management Team

Sam Patterson
Manager



Karen Beck
Healthcare Coordinator



Nathan Deutmeyer
Community Relations
Coordinator



Nichole Mitchell
Culinary Coordinator



Sara Belbachir
Life Enrichment
Coordinator



Larry Cox
Maintenance
Coordinator

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