


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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					1 9:00 Coffee Chat(DR) 10:00 Games with Alexa(L) 10:45 Live2BHealthy (L) 1:00 Word Game(L) 2:00 Jeopardy(L) 3:30 Craft Happy Hour(GR)	2 9:00 Coffee Chat(DR) 10:00 Word Game(MC) 10:45 Live2BHealthy (L) 1:00 Movie Matinee(OUT) 4:00 Games(MC)	3 9:00 Coffee Chat(DR) 10:00 Trivia(MC) 1:00 Chicken Soup for the Soul(MC) 6:00 Poker(GR)
4 9:00 Coffee Chat(DR) 10:00 Sunday Paper(MC) 1:00 Balloon Ball(MC) 6:00 Gaither Gospel Hour(TV) 7:00 Lawrence Welk(TV)	5 9:00 Coffee Chat(DR) 10:00 Wheel of Fortune(MC) 10:45 Live2BHealthy (L) 1:00 Music Speaks(MC) 2:00 Scenic Drive(OUT) 5:00 Movie Night(GR)	6 9:00 Coffee Chat(DR) 10:00 Dominoes(MC) 10:45 Yoga(L) 12:00 Lunch Bunch(OUT) 3:00 Card Club(GR)	7 9:00 Coffee Chat(DR) 10:00 Cards(MC) 10:45 Balloon Ball(L) 1:00 Music Speaks(MC) 2:00 Devotions(L) 4:30 BINGO(GR)	8 9:00 Coffee Chat(DR) 10:00 Games with Alexa(L) 10:45 Live2BHealthy (L) 1:00 Word Game(L) 2:00 Scattergories(L) 3:30 Craft Happy Hour(GR)	9 9:00 Coffee Chat(DR) 10:00 Word Game(MC) 10:45 Live2BHealthy (L) 1:00 Movie Matinee(OUT) 4:00 Games(MC)	10 9:00 Coffee Chat(DR) 10:00 Trivia(MC) 1:00 Chicken Soup for the Soul(MC) 6:00 Poker(GR)	
11 Daylight Savings- Spring Forward!	12	13	14	15 Happy Birthday, Betty!	16	17 St. Patrick's Day	
9:00 Coffee Chat(DR) 10:00 Sunday Paper(MC) 1:00 Balloon Ball(MC) 6:00 Gaither Gospel Hour(TV) 7:00 Lawrence Welk(TV) 	9:00 Coffee Chat(DR) 10:00 Wheel of Fortune(MC) 10:45 Live2BHealthy (L) 1:00 Music Speaks(MC) 2:00 Shopping(OUT) 5:00 Movie Night(GR)	9:00 Coffee Chat(DR) 10:00 Dominoes(MC) 10:45 Yoga(L) 11:30 Senior Lunch at Ankeny Parks and Rec(OUT) 2:00 Cooking Corner(MC) 3:00 Card Club(GR)	9:00 Coffee Chat(DR) 10:45 Balloon Ball(L) 1:00 Music Speaks(MC) 2:00 Devotions(L) 4:30 BINGO(GR)	9:00 Coffee Chat(DR) 10:00 Games with Alexa(L) 10:45 Live2BHealthy (L) 1:00 Word Game(L) 2:00 Jeopardy(L) 3:30 Craft Happy Hour(GR) 	9:00 Coffee Chat(DR) 10:00 Word Game(MC) 10:45 Live2BHealthy (L) 12:00 Saint Patrick's Day Lunch(DR) 1:00 Movie Matinee(OUT) 4:00 Games(MC) 	9:00 Coffee Chat(DR) 10:00 Trivia(MC) 1:00 Chicken Soup for the Soul(MC) 6:00 Poker(GR) 	
18 9:00 Coffee Chat(DR) 10:00 Sunday Paper(MC) 1:00 Balloon Ball(MC) 6:00 Gaither Gospel Hour(TV) 7:00 Lawrence Welk(TV)	19 9:00 Coffee Chat(DR) 10:00 Wheel of Fortune(MC) 10:45 Live2BHealthy (L) 1:00 Music Speaks(MC) 2:00 Scenic Drive(OUT) 5:00 Movie Night(GR)	20 Happy Birthday, John! 9:00 Coffee Chat(DR) 10:00 Dominoes(MC) 10:45 Yoga(L) 12:00 Lunch Bunch(OUT) 3:00 Card Club(GR) 	21 9:00 Coffee Chat(DR) 10:45 Balloon Ball(L) 1:00 Music Speaks(MC) 2:00 Devotions(L) 4:30 BINGO(GR)	22 9:00 Coffee Chat(DR) 10:00 Games with Alexa(L) 10:45 Live2BHealthy (L) 1:00 Word Game(L) 2:00 Scattergories(L) 3:30 Craft Happy Hour(GR)	23 9:00 Coffee Chat(DR) 10:00 Word Game(MC) 10:45 Live2BHealthy (L) 1:00 Movie Matinee(OUT) 4:00 Games(MC)	24 9:00 Coffee Chat(DR) 10:00 Trivia(MC) 1:00 Chicken Soup for the Soul(MC) 6:00 Poker(GR)	
25 9:00 Coffee Chat(DR) 10:00 Sunday Paper(MC) 1:00 Balloon Ball(MC) 6:00 Gaither Gospel Hour(TV) 7:00 Lawrence Welk(TV)	26 9:00 Coffee Chat(DR) 10:00 Wheel of Fortune(MC) 10:45 Live2BHealthy (L) 1:00 Music Speaks(MC) 2:00 Shopping(OUT) 5:00 Movie Night(GR)	27 National Joe Day 9:00 Coffee Chat(DR) 10:00 Dominoes(MC) 10:45 Yoga(L) 2:00 Cooking Corner(MC) 3:00 Card Club(GR) 	28 9:00 Coffee Chat(DR) 10:45 Balloon Ball(L) 1:00 Music Speaks(MC) 2:00 Devotions(L) 3:30 Resident Council (DR) 4:30 BINGO(GR)	29 9:00 Coffee Chat(DR) 10:00 Games with Alexa(L) 10:45 Live2BHealthy (L) 1:00 Word Game(L) 2:00 Jeopardy(L) 3:30 Craft Happy Hour(GR)	30 9:00 Coffee Chat(DR) 10:00 Word Game(MC) 10:45 Live2BHealthy (L) 2:00 Bunny Hop Easter Social(DR) 4:00 Games(MC) 	31 9:00 Coffee Chat(DR) 10:00 Trivia(MC) 1:00 Chicken Soup for the Soul(MC) 6:00 Poker(GR)	

All activities subject to change at any time to meet the ever changing needs and desires of the residents who live here.
 Location Key [DR] Dining Room [L] Lobby {GR} Game Room [LER] Life Enrichment Room [MC] Memory Care
 Edencrest at Siena Hills 455 SW Ankeny Road Ankeny, Iowa 50023 515-776-6325