



*Assisted Living, Closer Care & Memory Care*

## *Beaverdale Bulletin*

### Expectations

What do you expect to do when you move into our community on day one? Well besides the obvious and unpacking. Here at Edencrest at Beaverdale we care about you on the social aspect too. We not only introduce you to someone that you might connect with right away we help facilitate those initial conversations. Sara our Life Enrichment Coordinator does a great job working with new and seasoned residents to help with orientation of the building and activities. We want you to be connected right away with someone that has the same interests as you. Then of course we want your family to stay and eat with the other residents on us! Connecting families with the residents helps the whole family cope with the change that is going on in your life and theirs. We find that families not only want to come see their loved one but their friends too. I hope you come out and visit us soon.

Sam Patterson—Manager



Come in to see our new community!

Did you know that a \$200 deposit will secure an apartment of your choice today? A Call Sam or Nathan today at 515-777-5105.

SCHEDULE A TOUR Today!

For more information or to reserve an apartment:

515-777-5105 [www.welcomebd@edencrestliving.com](http://www.welcomebd@edencrestliving.com)



# Edencrest™

AT BEAVERDALE

3410 Beaver Ave | Des Moines, IA 50310 | 515-777-5105 | [EdencrestLiving.com](http://EdencrestLiving.com)

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### UPCOMING Events in February

Live2B Healthy every M,W,F at 10:45am

- March 1st 8:30am Metro Friends
- March 1st 7pm Junction Jazz Society
- March 4th 3pm Worship with Rev Dawn Ingram –Glen Echo Church
- March 8th 3pm Discussion with Volunteers
- March 11th 2pm Caregiver Support Group
- March 12th 3pm Alzheimer's Association Presentation
- March 15th 3pm Jim Boardman—Story Teller
- March 16th 1130 St. Patty's Day Meal
- March 29th 230pm Archiving Photos with Terry Snyder

We host a minimum of 6 scheduled activities a day in our community. Families and friends are always welcome. Please come and join us. Look at the event calendar for more information and details.

*Beaverdale Bulletin***2018 Tax Deductions**

By: Sam Patterson

**Did you know if the main reason for living in an assisted living community is for medical care, then that cost is a deductible medical expense?**

**Section 213 of the Internal Revenue Code allows deductions for medical care for an individual, spouse or dependent if the expenses exceed 7.5% of the taxpayer's adjusted gross income. The monthly fee of an assisted living is a medical expense. It further states that if a resident is living in an assisted living community because of a medical condition which requires them to be there, and meals and lodging are furnished, then the cost is considered a medical care expense. Please consult your tax advisor on this rule if you feel this would apply to your situation.**

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## Meet our Management Team



Sam Patterson  
Manager



Karen Beck  
Healthcare Coordinator



Nathan Deutmeyer  
Community Relations  
Coordinator



Nichole Mitchell  
Culinary Coordinator



Sara Belbachir  
Life Enrichment  
Coordinator



Larry Cox  
Maintenance  
Coordinator

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## On the Road Again!



Pictured above: Kristie, Wild Bill and Bendu.

Kristie is one of the younger residents we have at Edencrest at Beaverdale. She came to us from Chicago where she loved history and the state of Illinois. Now that she lives in Iowa with her brother close by, she wanted to learn more about the State of Iowa. Sara talked to her about going to the State Historical Museum of Iowa. She nearly jumped out of her chair excited to go. So, Sara, the Life Enrichment Coordinator made it happen. Bill, another resident and history buff came along for this exciting trip. Kristie loved learning how they restore art works and other Iowa artifacts. She was reminded of her younger years throughout the museum, and was able to tell stories of years passed. Among her favorites were the painting of the very first governor of Iowa, and the giant pie made as an advertisement for RAGBRAI bike riders.

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Pictured above: Kristie

She even recalled hearing of the beginnings of RAGBRAI when the ride was first established. There were so many wonderful pieces of history to see, that she plans to return to see even more! She was so excited after the trip; she was telling everyone at the dinner table about her experiences. Just the smile and excitement on her face tells the story.

Keep apprised of all the latest updates and information regarding Edencrest at Beaverdale (and any of the other Edencrest Communities) by contacting us at 515-777-5105

Article

written by: Sara Belbachir—Life Enrichment Coordinator