



"Edencrest is Excellence."

The Siena Hills Star

COMMUNITY CORNER

Happy holidays from Siena Hills! I hope your December was full of family, fun, and festivities. At Siena Hills, we had a great month with our residents. We brought in a singing Santa, drove through Holly Jolly Lights, and attended a fantastic service at Lutheran Church of Hope. We conducted our first Dare to Dream, taking one of our residents to an Iowa State men's basketball practice! He received multiple autographs and pictures, and was all smiles the entire ride home!

In January, we hope to add to our growing community with loved ones who are in need of assistance. Winter brings cold, snow, ice, and blowing winds...we want everyone to be safe! Especially if you live in a rural area, consider Senior Living Communities as a way to move towards that worry-free living!

Siena Hills is still a new community in town. Please consider us as you plan for your future. Stop in for a tour, receive a free meal, and see just how we can provide for you or your loved one. Our doors are always open!

Joseph Earp, Community Manager



Edencrest™

AT SIENA HILLS

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UPCOMING EVENTS!!

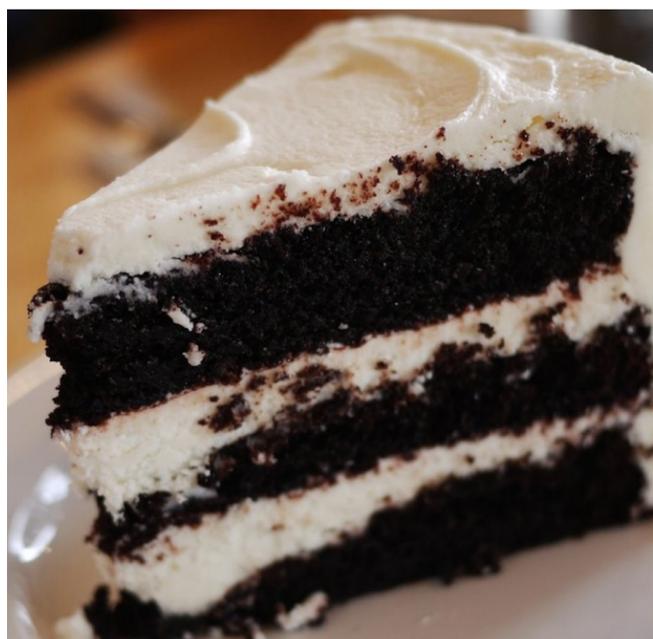
There is a lot to be excited about at Siena Hills! We would like to welcome you to come see our community first-hand, and experience the passion of our incredible staff at one of our upcoming events:

- Monday Matinees-movie starts at **3:45pm**
- **1/5**– Lunch Bunch at **12:00pm**, Scenic Drive at **2:00pm**
- **1/12**– Shopping Trip at **2:00pm**
- **1/19**– Lunch Bunch at **12:00pm**, Scenic Drive at **2:00pm**
- **1/26**– Shopping Trip at **2:00pm**
- **1/30**– Make and Take Craft Night from **5:00-7:00pm**

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Culinary Corner

Minnesota Chocolate Cake



INGREDIENTS:

- 2 c. flour
- 1 3/4 c. sugar
- 1/2 c. cocoa
- 1 tbsp. soda
- 1 tsp. salt
- 1 tsp. vanilla
- 2 eggs
- 1 c. buttermilk (can add 1 tbsp. of lemon juice to regular milk)
- 1 c. coffee
- 2/3 c. oil

1. Mix dry ingredients well.
2. Add eggs and milk, mix well.
3. Add coffee, oil and vanilla and mix.
4. Pour into a 9 x 13 pan that has been greased and floured.
5. Bake at 350 degrees for 30 to 35 minutes.
6. 35 minutes.
7. Use frosting of your choice.

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Dare To Dream

Dare to Dream is an extraordinary program where we are able to select one special resident a month, and help fulfill their wildest dream, or a long lost passion. In December, we were able to take a resident and his family to a closed Iowa State Men's Basketball practice at Hilton Coliseum. He had gone to games growing up with his mother before she passed, and sadly, having Dementia means eventually losing those memories. While at Hilton Coliseum, he was able to meet the team, as well as coaching staff, engage in one-on-one conversations, and receive autographs on his basketball!

We look forward to sharing upcoming Dare to Dream stories with you!