



Edencrest™

AT SIENA HILLS

455 SW Ankeny Rd | Ankeny, IA 50023 | 515-776-6325 | EdencrestLiving.com

*“Edencrest is Excellence.”*

# The Siena Hills Star

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## UPCOMING EVENTS!!



There is a lot to be excited about at Siena Hills! We would like to welcome you to come see our community first-hand, and experience the passion of our incredible staff at one of our upcoming events:

**11/2: Alzheimer’s Educational Support Group (6:00pm)**

11/3: Informational Meeting (9:30am)

**11/9: Alzheimer’s Educational Support Group (6:00pm)**

11/10: Informational Meeting (9:30am)

11/14: World Diabetes Day Lunch and Learn (11:00am)

**11/16: Alzheimer’s Educational Support Group (6:00pm)**

11/17: Informational Meeting (9:30am)

11/29: Community Ribbon Cutting (4:30pm)

**D**on't get caught in the cold! Schedule a time to tour our beautiful, one story, 44-apartment community! We also have short-term winter stay options available, and would be more than happy to show you why Edencrest at Siena Hills can make your retirement years the best years yet! Call us at 515-776-6325, or email [welcomesh@edencrestliving.com](mailto:welcomesh@edencrestliving.com) to schedule a time!

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## MEET OUR LEADERSHIP TEAM!

Joseph Earp—Community Manager

Lisa Weatherwax—Healthcare Coordinator

Lauren Young—Community Relations Coordinator

Paige Thompson—Life Enrichment Coordinator

Tonya Reynolds—Culinary Coordinator

Kenneth Stone—Maintenance Coordinator

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**L**ive 2 B Healthy is a fitness program designed specifically with our seniors in mind. This tailored program allows seniors of all levels and ages to support a healthy lifestyle, while enjoying the social aspect of group fitness activity. This program encourages increased abilities in balance, mobility, and strength...not to mention fun! Edencrest at Siena Hills is proud to offer the Live 2 B Healthy program to all our residents at no cost!

