



*Assisted Living, Closer Care & Memory Care*

## *Beaverdale Bulletin*

### YES! WE ARE OPEN!!!

This has been a long journey for the Beaverdale community, Hubbell, Senior Housing and Edencrest. We are finally open! Over 15 people will be moving in within the first couple of weeks. I would like to say thank you for everyone that has made this building effort successful. All the warm welcomes at the parade to the local businesses reaching out and congratulating us. The building is now complete. My job has just begun in showing the community and our residents what true red carpet service is. Sam Patterson—Manager

### Check out our Monthly move in specials!

Did you know that a \$200 deposit will secure an apartment of your choice today? Any deposits accepted by Nov 30th we will Waive the Lifestyle fee/ Fixed Rent for 1 years and \$1000 off for 3 months

Call Sam or Nathan today at 515-777-5105.

### SCHEDULE A TOUR Today!

For more information or to reserve an apartment:

515-777-5105 [www.welcomebd@edencrestliving.com](http://www.welcomebd@edencrestliving.com)



# Edencrest™

AT BEAVERDALE

3410 Beaver Ave | Des Moines, IA 50310 | 515-777-5105 | [EdencrestLiving.com](http://EdencrestLiving.com)

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### UPCOMING Events:

November 1st - Day one - moving in.

6th - LifeShare —Training starts

6th at 3pm Hospice Presentation

#### **“The Journey”**

8th Retirement Symposium at Iowa State University

13th at 3pm Hospice Presentation

#### **“Healthy Lifestyle of the caregiver**

20th at 3pm Hospice Presentation

#### **“Facing the Holidays”**

30th Thanksgiving Dinner - Families Welcome

## Enabling better Communication for Residents and Their Families

By: Sam Patterson

How many times have you tried to call your folks or set up an email account so you can communicate with them? Did it work? My mom and siblings set my 88 year old grandma now 99 with a laptop computer and facebook so she can stay in touch with what is going on with our lives. After 10 years of being on facebook. Several lost passwords and five new open accounts later. She still uses the comment section of a post to have random conversations. I love my grandma but there has to be a better way to communicate and have her stay in touch.

“Lifeshare Technologies was created to help senior care providers facilitate improved connections between residents, staff, and families using existing technology like TV’s” (LifeshareTech.com). Edencrest at Beaverdale is partnering with Lifeshare to provide that next experience for our residents. Imagine waking up in the morning. Grabbing the TV remote. No, Not that one the Universal Remote that replaces all other remotes. You now no longer have 3 remotes to work your TV. Ok, moving on. You turn on the TV. You can see what is for breakfast, Lunch and Dinner. The events of the day are listed so you can plan your day around that schedule. Noticing that you have an email. You can click on the email that has several pictures saved to your device. You click one button that says pictures and every picture that has come in on the email will be in one location. You don’t have to download any of them.

Family members and care providers can access LifeShare via robust web and mobile apps that are designed to work on any device. We can share important activities, menus, announcements and special occasions on public area TV’s and can control the content .

Visitors and residents alike can celebrate the fun we have on a daily basis by seeing pictures and videos which can be displayed on demand. This is more than a communication tool. It has games, therapeutic music, and faith programing are all accessible for group engagement.

The goal of this new program is to keep families, communities and the resident all connected. We don’t want you to miss the time grandma won the bean bag baseball tournament. Nor do we want grandma to miss Sally’s 4 year old birthday videos and pictures.

I am really excited to see how are residents and families embrace this new technology.

For more information on Lifeshare Technologies: [www.lifesharetech.com](http://www.lifesharetech.com)

## JOIN OUR E-MAIL LIST!

Keep apprised of all the latest updates and information regarding Edencrest at Beaverdale (and any of the other Edencrest Communities) by contacting us at 515-777-5105 or [welcomebd@edencrestliving.com](mailto:welcomebd@edencrestliving.com). We send out regular communications, informational events and celebrations!

## Lifeshare is Coming Soon

Edencrest at Beaverdale will be starting a new program called Lifeshare. Mid November we will be training our staff, residents and families on what this is and how they can stay connected through their own TV’s. See article for more information.

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## WELCOME to Edencrest at Beaverdale

### Nichole Mitchell—Culinary Coordinator



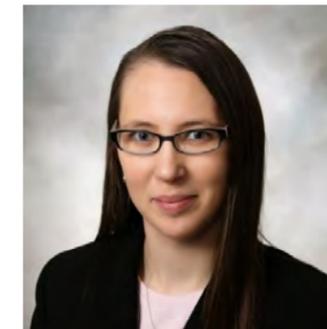
I have always loved food, and when the opportunity came to change careers, I jumped at the chance. I enrolled at DMACC's ICI program and completed degrees in Culinary and Hotel and Restaurant Management. Before graduation, I was awarded a scholarship that allowed me to study in France alongside chefs at two restaurants. My culinary background includes server, bartender, line cook, and lastly I was involved in catering. As the next chapter in my life, I am excited to dive into the role of Culinary Coordinator here at Edencrest. My wish is to make everyone feel at home and provide a bit of elegance at meal times.

Outside of work and food, I love to be active. Anytime of the year, you can find me outside, even in the winter I will be snowboarding! I have two lovely cats named Chewbacca and Florence, and a wonderful boyfriend named Justin. In a few short weeks I will also become an Aunt, as my brother is expecting his first child. I am truly blessed and am eager to meet everyone!

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## WELCOME to Edencrest at Beaverdale

### Sara Belbachir—Life Enrichment Coordinator



My name is Sara Belbachir, and I am the Life Enrichment Coordinator for Edencrest at Beaverdale. I grew up in Minnesota. I earned my Bachelor of Arts degree with a major in business and a minor in art from Augustana College in Sioux Falls, SD. After college, I began working in the accounting and human resource field. I have since found my passion working in Life Enrichment for the past three years and I love it!

My range of interests are too large to list them all, so here are just a few... I enjoy art, whether looking at others' creations or creating my own. I love spending time with my family, especially my children, who provide many fun antidotes I often share at work. I like to bake and try my hand at new, healthy food options. I also enjoy feeding my mind and learning new things. My volunteer experience includes hospice and feeding the hungry, along with numerous fundraising efforts.

I plan on Rolling out the Red Carpet for our residents by getting to know each one of you and your interests, and providing the activities you enjoy. I also want everyone to know they are valuable. It is my goal to provide a wide range of life enrichment including purposeful, meaningful activities, along with physical, fun, social, and many other activities. I like to keep an open mind, and I feel every person has a story. I would like to learn each of our resident's stories.

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