



Edencrest™

AT RIVERWOODS

August 2017 Newsletter

Community Coordinators

Community Manager

Linda Judkins

Riverwoodsmanager@edencrestliving.com

Nurse Coordinator

Guy Page

Riverwoodsnurse@edencrestliving.com

Community Relations Coordinator

welcome@edencrestliving.com

Life Enrichment Coordinator

Eddie DeHoyos

Riverwoodslec@edencrestliving.com

Culinary Coordinator

John Dayton

Riverwoodsculinary@edencrestliving.com

Happy Hour every Thursday starting at 3:30pm!! Bring your friends and family!

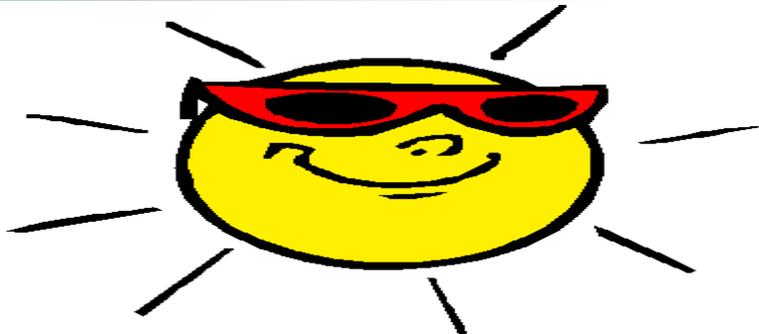
Thursday August 3rd 3:30

The Jonathan May show

Thursday August 10th 3:30

Music with David and Ellie Winchester

Starting Monday August 7th-11th Iowa state Fair Games /Activities / Food Week here at Edencrest at Riverwoods



Culinary Corner with Chef John

“News from the Riverwood's Café”

Hello Edenecrest residents, July was a busy and exciting month at the Riverwood's Café.

July was a month of summertime growing; our community population grew a little in numbers and the Garden Fresh Salad Bar grew in popularity even more with fresh ingredients. We were able to add more summertime produce favorites like fresh watermelon, cantaloupe, honeydew and tomatoes.

In July, it's certainly been a hot one but we keep firing up that grill every Friday for our BBQ Fridays. We've also added some Hawaiian tropical fruits such as bananas/pineapple/papayas/mangoes and coconuts to our salad bar as well which seems to be pretty popular. We've cut back our homemade soups for the time being due to the heat outside. We are noticing that a lot of you are not particularly fond of hot soups in the heat of summer and understandably so. We are going to try and experiment with a fresh fruit bar in place of the hot soups every so often. I would love to know your thoughts on this and if you have any ideas for items on a cold bar. The hot soups are still available of course upon request so if you would still like soup, we have it ready for you. If there is anything else you would like to add, give feedback on or talk to me about, any ideas.. Please don't hesitate to let me know.

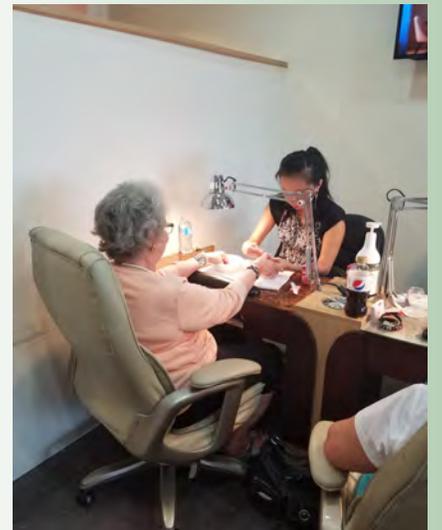
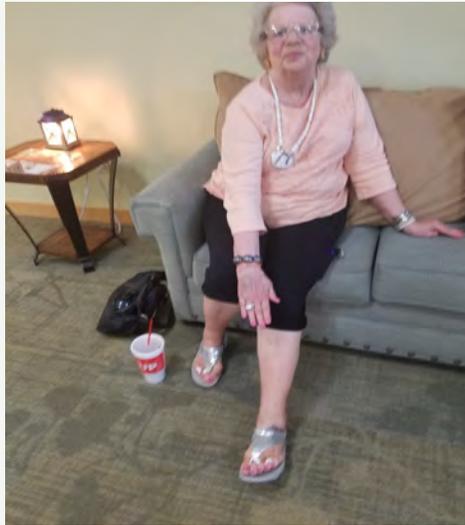
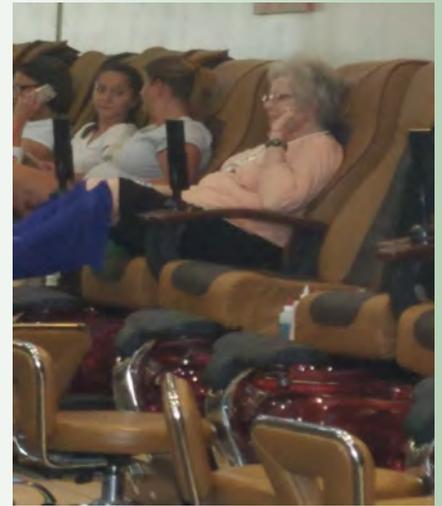
Eat healthy to live healthy,

John R. Dayton

Culinary Coordinator

Eileen's Dare to Dream !

Eileen is kind of our Fashionista here at Edencrest . She loves her jewelry, make up, and is always dressed for success ! She had told me it had been at least 20 years since she had a spa day and wished she could get a manicure & pedicure . So of course it sounded like a Dare to Dream to me so we made it happen! And boy did she have fun!



The One Man Band's return was a big hit!



Happy Birthday Judy !



Happy Hour fun with Father and daughter Duo Phil And Caitlyn Porter !



We would like to thank the Youth Volunteer Corps for coming to visit our Community !





Donna Southard

Inge Savage

Mary Ellen Meyer

Velma Ramey 8/15

Delores Nachtgal 8/9

Twila Hadden 8/19

Ramona Kinseth 8/28



We're rolling out the Red Carpet for you!!!



2210 E. Park Ave

Des Moines, IA 50320

(515) 288-4040

www.edencrestliving.com

