



**Notable Quotable**

“This is one small step for man, one giant leap for mankind.”

~ Neil Armstrong, astronaut

*“Have it your way” day!  
Starting in August our culinary department will be recognizing each residents’ birthday on their special day. Pick up a form and you pick what dessert you would like made on your birthday!  
You’re special to us and we want you to “Have it your way” on your day!*



**August Horoscopes and Birthdays**

In astrology, those born between August 1–22 are Leo’s Lions. Lions are the “kings” of the zodiac: dramatic, ambitious, confident, and hard to resist. Leos are also generous and loyal, putting both their family and friends first. Those born between August 23–31 are Virgos. Detail-oriented Virgos have a deep sense of humanity, a trait that makes them careful, tender, and practical. As such, Virgos make perfect humanitarians.

**Resident Spot Light**

Mary Ann Smock

Mary Ann, also known as “the whistler” learned to whistle at a very young age. Her father was a whistler and she followed suit learning as a toddler. Mary Ann grew up as an only child on a farm. She considers herself to be a “tomboy, and she enjoys sports of all kinds. Mary Ann considers home to be Pennsylvania; she says it’s her favorite place in the world! She and her husband have three daughters, she was a homemaker and did many, many hours of volunteering. She also is an avid knitter and owned her own knit shop for many years! Get to know Mary Ann, maybe she will whistle your favorite tune!



**Happy Birthday to the following residents!**

- Carolyn V - August 17<sup>th</sup>
- Lou S - August 17<sup>th</sup>
- Tim S – August 17<sup>th</sup>
- Donna Cole – August 19<sup>th</sup>
- Donna French – August 24<sup>th</sup>
- Connie M – August 24<sup>th</sup>
- Chuck N – August 24<sup>th</sup>

**Fair Week at Edencrest!**

Get ready for a week of fun as we celebrate the Iowa State Fair for a full week right here at Edencrest! Special “Fair Foods will be served all week along with other fun activities!

**Monday, August 14<sup>th</sup>** - Apron Day! Wear an apron! Help decorate an apron! Edencrest Residents will be handing out a Blue Ribbon today as they judge which staff made the best pie! **Tuesday, August 15<sup>th</sup>** - Animal Day! Dress in animal print, a t-shirt with an animal or go all out and dress like an animal! We will be having the Blank Park Zoo stopping

by with some of their animals to help us celebrate Animal Day! **Wednesday, August 16<sup>th</sup>** – Edencrest Day! Proudly wear an Edencrest shirt as we head to the Iowa State Fair! **Thursday, August 17<sup>th</sup>** – Fair Queen/Fair King day. Dress like a Queen or King today, we will be having a Mr. Legs contest, best pig call contest, best husband call contest and will crown our king and queen! **Friday, August 18<sup>th</sup>** – Farmer Day! Dress like a farmer day today and take a stroll to the Edencrest Carnival! Play a few games and be a kid again!

**Edencrest at Green Meadows**

August 2017



Edencrest at Green Meadows  
6750 Corporate Drive  
Johnston, Iowa  
515.207.1984

**ALL ABOUT THE IOWA STATE FAIR**

**Celebrating August**

**Reiman Gardens Outing August 9<sup>th</sup>**

**Joe Klinefelter Music August 10<sup>th</sup>**

**Edencrest State Fair Week August 14–18**

**State Fair Outing August 16<sup>th</sup>**

**Rick Ludwig Music August 23**

**Mike Costell Music August 29**

The internationally acclaimed Iowa State Fair is the single largest event in the state of Iowa and one of the oldest and largest agricultural and industrial expositions in the country. Annually attracting more than a million people from all over the world, the Iowa State Fair in Des Moines is Iowa’s great celebration, a salute to the state’s best in agriculture, industry, entertainment and achievement. It is the true heartbeat of the Midwest, unequalled and unduplicated.

The Iowa State Fair, the inspiration for the original novel “State Fair” by Iowan Phil Stong, three motion pictures and Rodgers and Hammerstein’s Broadway musical, is without a doubt the country’s most famous state fair.

National media frequently rank



the Fair as one of the top events in the country. In 2004, *USA Weekend* named the event the #2 choice for summer fun in America, topping New York City’s Times Square, Cedar Point Amusement Park Resort in Ohio and Disneyland in California. *Midwest Living* magazine named the Fair one of the “Top 30 Things Every Midwesterner Should Experience.” The Fair is also included in the New York Times best-selling travel book *1000 Places to See Before You Die* and the subsequent travel book, *1,000 Places to See in the U.S.A. and Canada Before you Die*.

Edencrest at Green Meadows will be headed to the Iowa State Fair!

Mark your calendars for Wednesday, August 16<sup>th</sup>. We will be taking a group to the Iowa State Fair! Departure time at 8:00 am! More information to follow!



# Elvis at Edencrest Green Meadows!

*A Dare to Dream for JoeAnne!*

One of the first things JoeAnne will let you know about herself is that she is a huge Elvis Presley fan! Her Elvis calendar positioned next to her bed, the Elvis coffee mug she drinks from, the small Elvis tapestry she hangs from her walker, make it easy for everyone to recognize her love for Elvis. Coming up with a “Dare to Dream” for JoeAnne, was very simple! We wanted “Elvis” to perform for her! Not only did “Elvis” come and perform, staff dressed up in 1950’s attire for the day. JoeAnne sat in the front row and sang along to every single song. JoeAnne wasn’t the only one that enjoyed “Elvis” the other Edencrest residents sang along and danced as “Elvis performed so many of their favorites!



*From the desk of...*

Edencrest Family,

I am very excited to be your manager and am looking forward to all the great things we will accomplish at Edencrest Green Meadows. A little bit about me: I have been married to my wife Kendall for 5 years, we have two wonderful daughters Austen 2.5 and Charlie 10 months. I have been with Edencrest since May of last year and have had the opportunity to develop great relationships with many of you. Looking forward I can’t wait to get to know everyone better and work together to make Edencrest Green Meadows the best place to live in Des Moines.

A couple of things to be aware of are that starting the August 8<sup>th</sup> we will be having a memory care family meeting. This first meeting will be an opportunity for introductions and for us to decide how often and what you will want to get from these meetings. I also want to make everyone aware that starting in August you will see a “Shout Out” box by the Activities office. This will be accompanied by slips of paper and it is for anyone to write in something great that they saw happen while they were in the community. I know there are great things happening at Green Meadows every day and just want to make sure we are recognizing the individuals that are making those great things happen!

Lastly, I just want to say thank you to all the residents and families that are a part of Green Meadows. What we do at Green Meadows starts and ends with you! So, thank you for calling Green Meadows home!!

My door is always open, so stop in and say hello!

Nick Lensch, Manager

## *Edencrest had some special visitors stop by and set up a lemonade stand!*



## This Joke's on Joe

Joe Miller was a popular actor

on England's stages in the early 1700s. He performed in the plays of Shakespeare and excelled at comedy. Miller, though, is not remembered for his acting but for a pamphlet of jokes published after his death on August 15, 1748, entitled *Joe Miller's Jest*s. This is why August 16 is celebrated as Joe Miller's Joke Day. Strangely, Joe Miller himself likely had nothing to do with the joke book bearing his name. A down-and-out writer named John Mottley compiled the volume and used the popularity of Miller's name to advertise his work. It was a savvy

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*Joe Miller is referenced in Charles Dickens' book A Christmas Carol.*

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*Eyewitnesses describe Bigfoot as being anywhere between six and 10 feet tall.*

Since 1992, believers in the preternatural have gathered during the last weekend in August in Carson, Washington, for Bigfoot Daze, a celebration of the legend of Bigfoot. Washington state is an appropriate venue, for stories of "wild men" living in the woods have long been part of Native American lore in the Pacific Northwest. Curiously, the indigenous stories of a massive, hairy, ape-like man, known as Bigfoot or Sasquatch, are set in the very same locales as contemporary sightings. Is it merely coincidence that modern While most people agree that Bigfoot sightings are hoaxes, some researchers have looked for plausible explanations to the many sightings and stories. Bigfoot, they speculate, may be the last existing specimen of a prehistoric giant ape, Gigantopithecus, which could have crossed the Bering land bridge from Asia into North America. Other experts suggest that Bigfoot is the last living Neanderthal or other