



Notable Quotable

"You can cut all the flowers but you cannot keep spring from coming."

- Pablo Neruda, poet



Join us for a special Cinco de Mayo Happy Hour on May 5th at 3:30 pm. Serving Margaritas and Chips and Queso!

May Horoscopes and Birthdays

In astrology, those born between May 1–20 are Bulls of Taurus. Bulls are stable, reliable, and committed in both work and family. Bulls also appreciate love, beauty, and creativity. Those born between May 21–31 are Gemini's Twins. Twins have two distinct and alluring sides to their personality: sociable and ready for fun, or serious and thoughtful. Sometimes they feel as if one half is missing, so they forever seek new friends.

Cinco de Mayo

Cinco de Mayo is almost here! In anticipation of the big day I thought it would be fun to share a few interesting facts about Cinco de Mayo that you may not know. **1. Not a celebration of independence**

Cinco de Mayo is not a celebration of Mexico's Independence (which is actually September 16th), but rather a celebration of Mexico's victory in the battle at Puebla on May 5th, 1862 during the Franco-Mexican war. It was an unlikely win for the Mexican militia who were heavily outnumbered by the French. The victory became a source of pride for the country and is the reason we continue to celebrate today. **2. Mexico won the battle, but not the war**

Although the Mexican Army won the battle at Puebla on May 5th, 1862 the French went on to win the war, occupying the region for five years. **May 5th**

For the leader of France, Napoleon III, the battle at Puebla was an attempt at not only spreading his empire but at conquering a key Mexican access point to the U.S., where he intended to lend support to the confederate army during the Civil War in an effort to keep the U.S. divided and consequently less powerful.

- Clarence H - May 4**
- Eugene S - May 11**
- Dick M - May 11**
- Ginie D - May 12**
- Peggy G - May 13**
- Rose Mary W - May 15**
- James Y - May 17**
- Lola L - May 18**
- Rowena V - May 27**

4. Abraham Lincoln sympathized with the Mexican cause but...

Abraham Lincoln sympathized with the Mexican cause during the French occupation but was unable to lend direct support to the nation due to the U.S. Civil War, which was taking place at the same time. When the Civil War finally ended, the U.S. forced France to withdraw its troops from Mexico and their empire collapsed.

5. Not a federal holiday in Mexico

Cinco de Mayo is not a federal holiday in Mexico and is a relatively minor holiday outside of Puebla, Veracruz and the United States. In Puebla and Veracruz, however, Cinco de Mayo is a very important state holiday celebrated with parades, festivals and reenactments.

6. Roosevelt helped popularize Cinco de Mayo in the U.S.

Cinco de Mayo became a popular holiday in the U.S. after President Franklin Roosevelt enacted the "Good Neighbor Policy" in 1933 to improve relations with Latin American countries.

7. Lots of avocados

According to the California Avocado Commission, Americans consume up to 81 million pounds of avocados on Cinco de Mayo every year. Holy guacamole!

Edencrest Green Meadows

May 2017



Assisted Living and Memory Care Excellence
6750 Corporate Drive
Johnston, Iowa 50131
515.207.1984

Celebrating May

Cinco de Mayo Happy Hour

May 5

How Sweet it is Social

May 13

Mother's Day

May 14

Dog Show

May 17

Musical Quartet

May 22

Memorial Day

May 29

"How Sweet It Is" Social event Saturday, May 13th

Invite your loved ones to join in our Mother's Day Celebration, "How sweet it is" on Saturday, May 13th at 2:30 pm for a "sweet" dessert bar. Whether you are a mother or other invite that special loved one that you want to make sure they know ♪*"How sweet it is to be loved by you"*! ♪



Please RSVP to 515.207.1984 by May 9th



Dare to Dream – Betty Spears

Betty Spears has always enjoyed having dinner parties for friends. She loved the planning and preparing and then the joy that her guests showed while enjoying the evening. Betty's dream was to have dinner party for staff at Green Meadows. She wanted to plan the menu, choose the décor and host the evening. Betty worked closely with Green Meadows culinary department and decided on a lettuce salad, prime rib, twice baked potatoes and fruit jello for dessert. Betty greeted the staff as they arrived and sat at the head of the table beaming with joy as the staff

enjoyed a fabulous evening. Betty still knows how to have a great dinner party!

Staff with Betty Spears



Dare to Dream – Joe Mahoney

As you get to know resident Joe Mahoney you instantly learn his love for baseball. Continue to talk with him about baseball and you learn he was quit the baseball player himself as a young man. He proudly will tell you about a successful baseball career in high school and how he was signed by the Giants baseball team following high school. He pitched for two years on their minor league team in New Mexico. Just looking around Joe's room you can see signs of his love for baseball one in particular that really stands out is a large picture of his high school aged grandson, Quinn, playing baseball. Joe had made the comment he wished his grandson and his sons could have seen him pitch when he was playing and with this comment, Joe Mahoney's "Dare to Dream" originated. On April 23rd Joe Mahoney, escorted by his grandson Quinn made his way out to the Iowa Cubs pitching mound to throw the first pitch. His sons, Joe Jr. of Des Moines and Jack of Osswa Japan, whom had flown in from Japan to make sure this dream came true, clapped and cheered as he made his way to the mound. As he stood ready to throw out the first pitch, he suddenly stopped. He set his glove and ball down and began to remove his coat and then to adjust his pants. The crowd cheered even louder as he took his coat off and then picked up his glove and ball and threw out the pitch. As he walked by the Iowa Cubs dugout the players all began to clap. He gave a little wave and a smile and said to his sons, "Wow, this is something, I'm never going to forget this day". All of those in attendance won't forget either Joe, it was an amazing day!



Joe, Joe Jr, Jack and Quinn



Joe's family giving him a pep talk!



Joe and Grandson Quinn on the mound.

Marianne Stinson loves to sing! She talks of singing as a young girl in her home with her dad. She made the comment she would have loved to be in a singing group and go on the road to perform. Thanks to the "Hearts on Fire" singing group Marianne's dream came true! They spent an evening practicing with her and picking out songs to perform. On Sunday, April 9th, Marianne got her hair and makeup done had a new outfit to wear and performed in front of her family and the residents at Edencrest Green Meadows. The look of sheer joy on her face as she sang brought tears to so many. After every song, as the crowd clapped she smiled and said, "thank you everyone". It was a beautiful performance to witness and such an honor to help make this dream come true!



Marianne and her family



Marianne and The Hearts on Fire group