



MEMORY CARE

We offer memory care for residents with dementia-related diseases. The environment at Edencrest is reassuring, soothing and nonthreatening. Edencrest is staffed by highly trained professionals who understand the needs of each resident are as unique as the individual.

OUR PROGRAM INCLUDES:

- ◆ Private apartments with a full bathroom
- ◆ Secured, designated area providing safety for residents
- ◆ Specially trained memory care staff available 24 hours a day
- ◆ Personalized care plan
- ◆ Monitoring by a registered nurse
- ◆ One-on-one attention with ADLs, medication management and more
- ◆ Stimulating planned and spontaneous activities
- ◆ Three home-cooked meals, plus unlimited snacks
- ◆ Housekeeping services
- ◆ Laundry services
- ◆ On-site beauty/barber salon
- ◆ Scheduled transportation

Edencrest gives each resident the individual attention they deserve from staff. Spouses are welcome to reside with their loved one.

To learn more about Edencrest or reserve your place, visit www.EdencrestLiving.com.

AT RIVERWOODS

2210 EAST PARK AVENUE
DES MOINES, IA 50320
515-288-4040

AT GREEN MEADOWS

6750 CORPORATE DRIVE
JOHNSTON, IA 50131
515-207-1984

AT BEAVERDALE

3410 BEAVER AVENUE
DES MOINES, IA 50310
515-777-5105

AT SIENA HILLS

451 SW ANKENY ROAD
ANKENY, IA 50021
515-776-6325



REASONS WHY PEOPLE MOVE TO EDENCREST

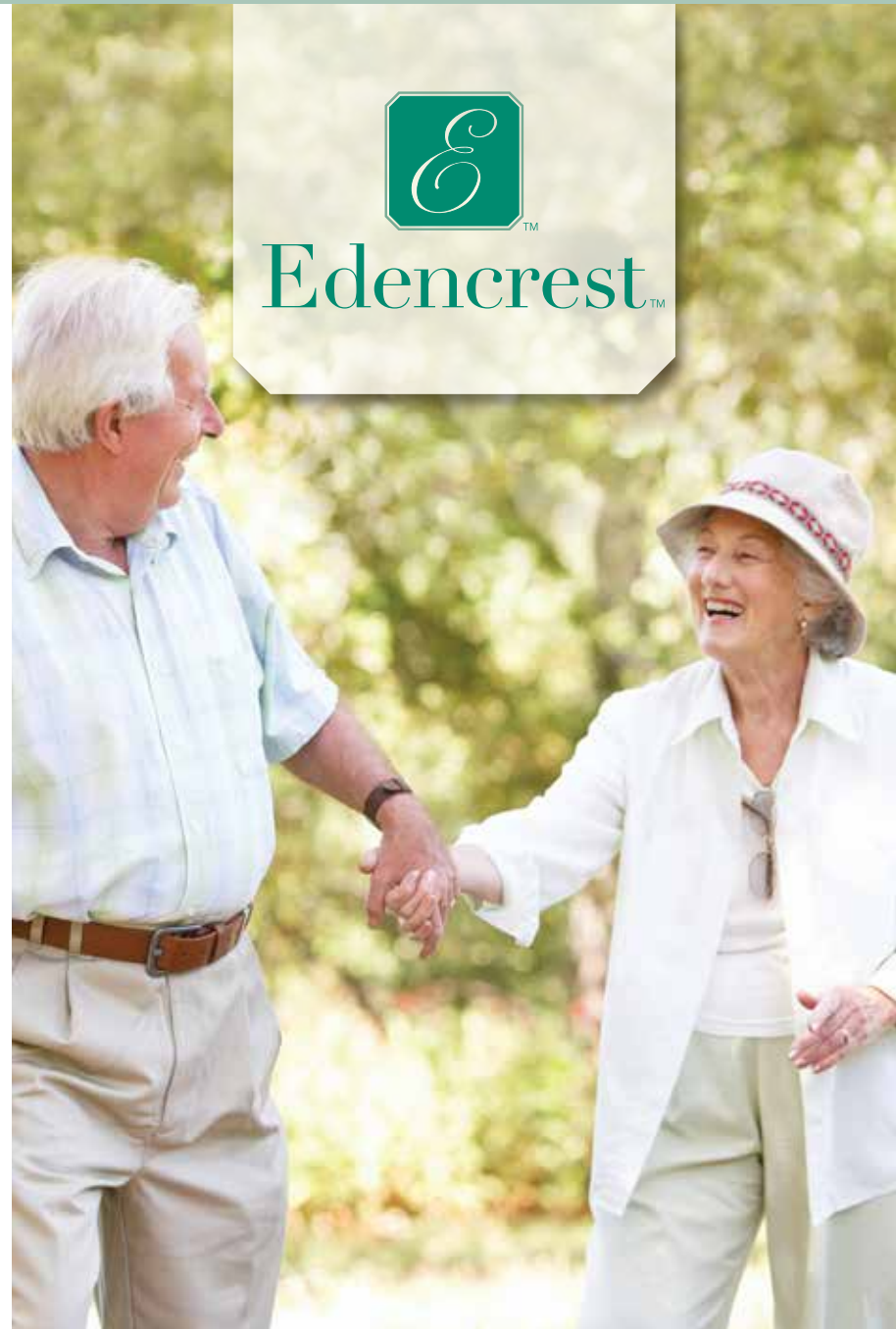
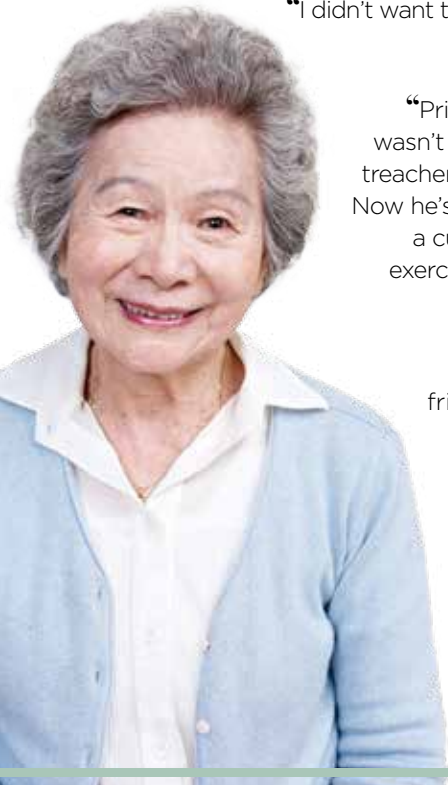
“It isn’t very easy to drive anymore, and my kids worry about me driving in bad weather.”

“I didn’t want to go up and down stairs any longer, and here it is just one level.”

“Prior to moving to Edencrest, my dad wasn’t able to see his friends as it was too treacherous for him to go out in the winter. Now he’s just a walk down the hallway from a cup of coffee, happy hour or getting exercise with his neighborhood friends!”

“Moving to Edencrest will let me stay connected with family and friends in my neighborhood on the south side of Des Moines!”

“Edencrest is helping me to eliminate the burdens of costly up-keep on my home, and remove the worry of preparing meals, doing laundry and removing snow! They are doing all of this for me!”



ASSISTED LIVING AND MEMORY CARE EXCELLENCE
WWW.EDENCRESTLIVING.COM

LET US TAKE CARE OF YOU

Why not let someone else do your housekeeping, cooking and yard work? Our friendly and caring staff is here to make life a little easier and a lot more exciting! We have one- and two-bedroom apartments with private baths and kitchenettes. We have created a comfortable and home-like neighborhood with everything you need just down the hall.

“We didn't want to put off moving until we could no longer do anything for ourselves and possibly end up in a nursing home.”

OUR SERVICES INCLUDE:

- ◆ Three home-cooked meals served restaurant-style each day
- ◆ All utilities paid (excluding phone)
- ◆ Basic cable
- ◆ Housekeeping and personal laundry services
- ◆ Personal emergency call system
- ◆ Registered nurse and caring staff available 24 hours a day
- ◆ Daily social and recreational activities
- ◆ Therapy room and wellness programs
- ◆ Walk-in showers with grab bars and built-in seats
- ◆ Private dining room for family and guests
- ◆ Comfortable family lounge with fireplace
- ◆ Reading room
- ◆ TV lounge
- ◆ On-site beauty and barber salon
- ◆ Beautifully landscaped courtyard and patio
- ◆ Individual climate control in each apartment
- ◆ Window blinds
- ◆ Snacks and refreshments available at all times
- ◆ Personal indoor mailboxes
- ◆ Secure building
- ◆ Valet parking
- ◆ Scheduled transportation

** No buy-in, monthly maintenance fees or dues.
No lease, only month-to-month rentals.*

RESPITE STAYS

Our respite program is designed for individuals who need supervision and/or services for a short period of time. Your respite stay services include all services you would receive as a resident in our community. Edencrest offers this program to those who meet our move-in criteria. It is ideal for those who have a caregiver out of town, a spouse in the hospital or need additional recuperation time from a hospital stay. A respite stay can also help determine if assisted living is the right decision for you. Our respite suite is beautifully furnished and has all the comforts of home.



“ I didn't like being alone. Now I'm among friends and have many things to do. ”

ADDITIONAL ASSISTANCE

Edencrest is certified by the state of Iowa, which means we can provide assistance with your activities of daily living (ADLs). Some residents may not require any assistance, while others may want medication management or assistance with dressing, bathing, hygiene or ambulation. Our unique program allows us to bill only the services you need. Prior to move-in, our nurses complete an assessment with each resident to identify which services are needed and create an individualized service plan.